

Building Bridges for Healthier Workplaces

Saint Mary's University, Halifax | July 7-8, 2025

Monday July 7

8:00-9:00am	Registration & breakfast
9:00-9:15am	Day 1 Welcome & Housekeeping
9:15-10:00am	Dr. Arla Day: Setting the Stage & Managing Myths: Psychological Safety, Psychological Health, & Burnout
10:00-10:50am	Dr. Mark Fleming: Safety Culture 3.0: Indicators, Insight, and Improvement
10:50-11:10am	<i>Coffee, Comfort, & Networking Break</i>
11:10-12:00pm	Cutting-Edge OHP <ul style="list-style-type: none"> Rebecca Cairns: Safety Story Telling Brianna Cregan: Walking the Talk: What Defines and Drives Safety Leadership Commitment During Safety Initiatives?
12:00-1:20pm	<i>LUNCH - Included with registration</i>
1:20 - 2:10pm	Dr. Nick Turner: After the fall: Understanding the Mental Health Effects of Injury – and What Makes a Difference
2:10 - 3:00pm	Dr. Jen H.K. Wong: Transitions & Transformations in Healthcare: Psychology as a Partner
3:00- 3:20 pm	<i>Coffee, Comfort, & Networking Break</i>
3:20-4:10pm	Dr. Nikola Hartling: Integrating Occupational Health Psychology into Work Systems
4:10-5:00pm	PANEL DISCUSSION: Building Bridges - Creating Safe and Healthy Workplaces <ul style="list-style-type: none"> Drs Turner, Wong, Hartling, & Fleming
6:00pm	<i>Reception: Please join us to network at the Sackville on the Halifax Waterfront. Drinks & light snacks included.</i>

Tuesday July 8

8:00-9:00 am	Registration and breakfast
9:00-9:15 am	Day 2 Welcome, Introductions, & Housekeeping
9:15-10:05am	Dr. Kevin Kelloway: Does the Union Make us Strong? The Role of Labour Unions in Workplace Mental Health
10:05-10:55am	Dr. Duygu Biricik Gulseren: Leadership Training and Worker Chronic Pain
10:55-11:20am	<i>Coffee, Comfort, & Networking Break</i>
11:20-12:00pm	Cutting-Edge OHP <ul style="list-style-type: none"> Isaiah Hipel & Kevin Kelloway: Moral Injury Olesia Kashchavtseva & Arla Day: Inappropriate Job Demands & Worker Health
12:10-1:30pm	<i>LUNCH – Included with registration</i>
1:30- 2:20pm	Dr. Sarah Carver: Leaders and Follower Mistreatment
2:20-3:00 pm	Blaise MacNeil: Addressing Harassment at Work: A Nova Scotia Perspective
3:00 - 3:20pm	<i>Coffee, Comfort, & Networking Break</i>
3:20 - 4:30pm	PANEL DISCUSSION: Workplace Mistreatment <ul style="list-style-type: none"> Drs Sarah Carver, Camilla Holmvall, & Zhanna Lyubykh
4:30-5:00pm	SI- Wrap-Up Discussion: Moving Forward for Healthier Workplaces

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